

# Disaster Mental Health Care

Our thoughts and prayers are with all those who have been affected by the Earthquake. Many of us have been impacted by the event in our lives, and to understand various reactions and how to cope with them, the Counseling Center will have a seminar on mental health care after disaster. We hope many of you will join us.

**Date and Time:** Wednesday, April 27, 2011, from 2:00 pm to 3:00 pm

**Venue:** Room 10-301 (Third floor on Building 10)

**Topic:** Psychological education on what reactions people can experience after the disaster, how to cope with them, and how to help those who have been affected.

**Who is Invited:** Students, faculty, and staff *\*Those who have been affected and those who are supporting them are welcome.*

**For more information, please contact the Counseling Center (03-3238-3559).**

**Organizer:** Counseling Center

**Co-organizer:** Faculty of Liberal Arts